

"Central America...has something more and more beautiful on offer every day. Each port of call leads to new discoveries - seeing rainbow-coloured birds of the Costa Rican jungle, meeting indigenous communities, crossing the mythical Panama Canal...those unique moments that stay with you for the rest of your life."

Françoise B.
PONANT passenger



Cruiser Yachting







Exceptional itineraries

Mooring at hidden spots accessible only by our small-capacity vessels, we've been carefully crafting bespoke itineraries for our guests for thirty years. On board, expert speakers and naturalists are on hand to enrich your experience and share their knowledge and enthusiasm for the world around us.

The "French Touch"

We employ a dedicated professional team, always on hand to help. On board all our vessels, you'll discover an atmosphere steeped in the classic French joie de vivre - think refined, delicate cuisine, served in a warm, minimalist setting inspired by the sea.

Gastronomy

Our French chefs are proud to offer meticulouslydesigned menus serving a delicate, varied cuisine, accompanied by a selection of fine wines, all served by a personal, professional serving team.

Elegance & intimacy

On board our state-of-the-art yachts, each housing 92 to 132 spacious staterooms and suites with sea views (the majority of which also features a balcony), you'll discover the incomparable luxury of an intimate, 5-star cruise experience.

Yachts

designed around you



Our sister ships: Le Boréal, Le Soléal and L'Austral

Perfectly adapted to sun-kissed Central American destinations, our sister ships feature open spaces throughout the vessel, allowing guests to make the most of the stunning, uninterrupted views across the horizon.

On board, guests are met by a variety of highquality natural materials, each in subtle hues and soothing tones of taupe, grey, white and natural wood giving our boats a unique yet contemporary style. Warmth, comfort, intimacy and wellbeing are in abundance. Equipped with 132 expertly-designed staterooms and suites, each one with a sea view, our sister ships are enshrined in the PONANT philosophy, promising their guests a personalised service, allowing them to be fully comfortable on board and thus make the most of their seafaring adventures.

Every last detail has been meticulously considered by PONANT to ensure a unique atmosphere which oozes personality: a space where chic meets the natural relaxation of a private yacht, resulting in the incomparable feeling of being one with the sea.





The PONANT EXPLORERS: Le Champlain and Le Dumont-d'Urville

These two ships have been expertly crafted for even more enjoyable Expedition cruises, allowing our guests to travel in the footsteps of the great French explorers who once embarked on a similar adventure in search of undiscovered lands. Keeping with our company's philosophy, each vessel combines an intimate welcome, an elegant design, state-of-the-art equipment and utmost respect for the surrounding environment.

Aworld exclusive, the vessels in the PONANT EXPLORERS series are equipped with a multi-sensory underwater room, the *Blue Eye*. Housed within the hull, below the waterline, this underwater room offers a visual, audible immersion into the world of subaquatic flora and fauna.

The jewels in the crown of our fleet offer an adjustable marina area, allowing guests to bathe or enjoy the water directly from the boat, as well as the integrated mini-port which facilitates access to a number of water activities (kayak, paddle-boarding, etc...)



Bridging the northern and southern halves of an ever-fascinating continent, Central America marks the crossroads of distinctively different cultures and landscapes.

PONANT invites guests to explore the mystery of the Mayas, conquer wild coastlines and historically-preserved natural parks, step back in time and discover the cities built by Spanish conquistadors.

The majority of these places of historical interest are UNESCO World Heritage sites.

Why visit

Central America with PONANT?

A chance to view phenomenal Mayan heritage sites.

Chichén Itzá, Tulum, Palenque, Uxmal or the archaeological site of Edzná on the Yucatán Peninsula, Lamanai in Belize, Tikal in Guatemala...endless opportunities to explore cities renowned for their preservation of some of the world's most historic sites, testimony to the power of the thousand-year-old civilisation. Pyramids, observatories, temples and ornaments are still standing today, reminding visitors of how not all of the Maya's secrets have been lost.

Discover spellbinding land-based and underwater flora and fauna

Whether underwater or on land, Central America offers a whole universe of breathtaking new discoveries. The Blue Hole in Belize, Panama's Pearl Islands, the islands of the Gulf of California, or the coral reefs on the coast of Mexico are just a fraction of the underwater gems which play host to a whole animal kingdom, just waiting to be explored on a beachfront walk. The vast array of botanical gardens and national parks in Costa Rica, Lake Atitlán and the volcanic areas of Guatemala or Nicaragua will immerse you in the world of luxury plant life and ever-contrasting countryside that the region has to offer.

Visit remarkable historical cities

The citadel of Campeche or the vibrant Mérida in Mexico, the fortresses of Omoa in Salvador or San Felipe in Guatemala, the historical centre of Antigua Guatemala, of Belize City, of Granada in Nicaragua, or in Panama... these cities, whose architecture is an eclectic mix of Spanish, French, English and Italian influence, will let you retrace the colonial history of these countries.

Which cruise is right for you?

	Region	Other departures available	Complete your cruise
THE YUCATÁN, BELIZE & NICARAGUA	Mayan treasures of the Yucatán From 2 to 9 November 2019 8 days aboard <i>Le Champlain</i> from €2,560 ⁽¹⁾	16 November 2019: in partnership with "Le Point" 30 November 2019: loyalty cruise 14 December 2019 / 28 December 2019 11 January 2020 / 25 January 2020	Return flight: Paris - Puerto Morelos • Puerto Morelos - Paris + Stay before the cruise: Discovery of the ancient sites of Tulum and Muyil (1 night) + Stay after the cruise: Colours and flavours of Cancún (1 day)
	Belize and Mayan treasures From 9 to 16 November 2019 8 days aboard <i>Le Champlain</i> from €2,720 (1)	7 December 2019 21 December 2019: <i>Christmas cruise</i> 04 January 2020 / 18 January 2020 1 February 2020	Return flight: Paris - Puerto Morelos • Puerto Morelos - Paris + Stay before the cruise: Discovery of the ancient sites of Tulum and Muyil (1 night) + Stay after the cruise: Colours and flavours of Cancún (1 day)
	Adventure in the Caribbean Sea From 23 to 30 November 2019 8 days aboard <i>Le Champlain</i> from €3,030 ⁽¹⁾	-	Return flight: Paris - Puerto Morelos - Puerto Morelos - Paris + Stay before the cruise: Discovery of the ancient sites of Tulum and Muyil (1 night) + Stay after the cruise: Colours and flavours of Cancún (1 day)
	Treasures of the Caribbean Sea From 11 to 22 april 2019 12 days abord <i>Le Boréal</i> from €3,970 € (1)	14 April 2020	Return flight: Paris - Colon • Miami - Paris + Stay before the cruise: Colonial Panama and the Miraflores locks (1 night) + Stay after the cruise: Miami, city of the arts (1 day)
THE CARIBBEAN AND THE ORINOCO	Pearls of the Antilles From 14 to 21 March 2020 8 days aboard <i>Le Champlain</i> from €4,270 ⁽¹⁾	29 February 2020 7 March 2020 21 March 2020	Return flight: Paris - Fort-de-France • Fort-de-France - Paris + Transfer: En route to the port of Fort-de-France + Stay after the cruise: Memories of Martinique (1 day)
	Between Martinique and Panama From 7 to 16 December 2019 10 days aboard <i>Le Dumont-d'Urville</i> from €3,580 ⁽¹⁾	12 March 2020: reverse itinerary	Return flight: Paris - Fort-de-France • Colón - Paris + Transfer: En route to the port of Fort-de-France + Stay after the cruise: Colonial Panama and the Miraflores locks (1 day)
	Adventure on the Orinoco From 13 to 25 November 2019 13 days aboard <i>Le Dumont-d'Urville</i> from €3,580 ⁽¹⁾	25 November 2019	Return flight: Paris - Fort-de-France • Fort-de-France - Paris + Transfer: En route to the port of Fort-de-France + Stay after the cruise: Flavours and scents (1 day)
THE NATIONAL PARKS & PACIFIC COAST OF CENTRAL AMERICA	National parks and the Panama Canal From 23 to 30 January 2020 8 days aboard <i>Le Dumont-d'Urville</i> from €2,670 ⁽¹⁾	16 December 2019: reverse itinerary 23 December 2019 / 30 December 2019: itinerary reversed - stopover at Holandes Cayes replaced by Viveros 13 February 2020: reverse itinerary - loyalty cruise 5 March 2020	Return flight Paris - Puerto Caldera • Colón - Paris + Stay before the cruise: Discovery of San José and the villages of the valley (1 night) + Stay after the cruise: Colonial Panama and the Miraflores locks (1 day)
	Treasures of Central America From 1 to 14 April 2020 14 days aboard <i>Le Boréal</i> from €5,040 € ⁽¹⁾	-	Return flight: Paris - Guayaquil • Colón - Paris + Stay before the cruise: Discovery of Guayaquil (1 night) + Stay after the cruise: Colonial Panama and the Miraflores Locks (1 day)
	Discovery of Central America From 11 to 23 October 2019 13 days aboard L'Austral from €4,330 € (1)	-	Return flight: Paris – Puerto Vallarta • Fuerte Amador, Flamenco Island - Paris + Stay before the cruise: Mexico City, Teotihuacan and Puerto Vallarta (3 nights) + Stay after the cruise: Colonial Panama and the Miraflores locks (1 day)
	Natural beauty of Central America From 23 September to 6 October 2019 aboard <i>Le Soléal</i> from €4,910 € ⁽¹⁾	-	Return flight: Paris - Puerto Quetzal • Guayaquil - Paris + Stay before the cruise: La Antigua Guatemala, exceptional colonial architecture (1 night) + Stay after cruise: Ecuagenera orchid farm and historic Guayaquil park (1 day)

Complete your cruise: prices from ⁽³⁾	Cruise highlights	Key moments	Special features	Pages
€990 instead of £1,790 thanks to the €800 offere	The discovery of the secrets of pre-Columbian civilizations.	The opportunity to visit many UNESCO sites: the ancient Mayan city of Chichén Itzà, the pre-Hispanic city and national park of Palenque, the historic fortified town of Campeche, the pre-Columbian city of Uxmal.	NEW Back-to-back offer	14-15
€990 instead of €1,790 thanks to the €800 offere	Heavenly beaches, pre-Columbian sites and the discovery of Garifuna culture.	Swimming, snorkelling or diving at the Great Blue Hole of Belize, one of the world's ten most beautiful diving sites according to Jacques Cousteau.	NEW O'V'No	16-17
€990 instead of €1,790 thanks to the €800 offere	A cruise in partnership with National Geographic Expeditions, with a photographer and destination expert on board.	UNESCO sites: the barrier reef of Belize including Half Moon Caye and the Blue Hole, and the Garifuna music and dance of the inhabitants of Livingston in Guatemala.	Back-to-back offer	18-19
€720 instead of €1,520 thanks to the €800 offere	7 countries visited in a single cruise, between Panama and The United States.	Visit many exceptional Mayan sites.	NEW Back-to-back offer	20-21
€250 instead of €1,050 thanks to the €800 offere	Outstanding seabeds with the opportunity to observe turtles, barracudas and parrotfish.	The discovery of the Grenadine archipelago, considered one of the most beautiful in the world.	NEW SIVING Extra charge for singles offered	24-25
€650 instead of €1,450 thanks to the €800 offere	An exceptional encounter with the Kuna, the warrior people of the San Blas archipelago.	Discovery of the Los Roques archipelago, a paradise for sea turtles.	Extra charge for singles offered EXCURSIONS INCLUDED	26-27
€170 instead of €970 thanks to the €800 offere	Rich local fauna: macaws, toucans, red ibis, caymans, iguanas, freshwater dolphins, etc.	UNESCO sites: the two rocky peaks of Saint Lucia and the historic centre of Bridgetown and its garrison.	NEW COPICAL CONTROL	28-29
€930 instead of €1,730 thanks to the €800 offere	The discovey of the fabulous national parks of Central America and the local populations.	UNESCO site: Darien National Park, from Playa Muerto and its fabulous jungle.	Panama Canal crossing	32-33
€860 instead €1;660 thanks to the €800 offere	An outstanding colonial architectural heritage, alternating baroque and Andalusian-Moorish styles.	The opportunity to visit major pre- Columbian UNESCO sites such as the Tikal pyramids from Puerto Quetzal and the City of Joya de Cerén, from Acajutla.	Back-to-back offer EXCURSIONS INCLUDED Panama Canal crossing	34-35
€2,170 instead of €2,970 thanks to the €800 offere		Foot excursions in the heart of one of the national parks of Costa Rica, sanctuaries of preserved nature that cover almost a quarter of the territory.	NEW Back-to-back offer EXCURSIONS INCLUDED	36-37
€1,205 instead of.€2,005 thanks to the €800 offere		UNESCO sites: La Antigua Guatemala from Puerto Quetzal, Cocos Island national park, Darien national park, the historic centre of Quito from Guayaquil.	NEW ROPIGE TREATMENT OF THE PROPERTY OF THE PR	38-39

Unforgettable places

So many gems are dotted throughout Central America.

Discover five sites which are simply unmissable.





The Great Blue Hole An underwater sinkhole in Belize

80km from the coast of Belize, at the heart of the Lighthouse Reef Atoll, a whole world opens up to one of the world's greatest geological phenomena - the Great Blue Hole. Surrounded by a giant ring of coral 318 metres in diameter, this underwater cenote (a term derived from the Maya civilisation meaning "sacred well") is a 124-metre deep abyss. A natural mystery, it's easy to see why it has been given the nickname "The Eye of the World".

Discover the Great Blue Hole on the following cruises:

Belize and Mayan Treasures (p. 16-17) Adventure in the Caribbean with National Geographic (p. 18-19) Treasures of the Caribbean Sea (p. 20-21)

Les Saintes The third most beautiful bay in the world

Made up of nine islets, the Saintes archipelago, discovered by Christoper Columbus, has captivated travellers' imaginations for centuries with its extraordinary panoramic views. Proudly rated the world's third most beautiful bay, and renowned across the Antilles, Les Saintes Bay is now a popular stop for tourists in the region. During your stay, don't miss the chance to discover the rich diversity offered by the island's crystal clear waters, enjoying unforgettable paddles in the sea, losing yourself in the beauty of your surroundings, and enjoying the ballet of the *saintoise*, the archipelago's charmingly decorated fishing boats.

Discover Les Saintes on the following cruise:

Pearls of the Antilles (p. 24-25)



Manuel Antonio National Park - Costa Rica's national treasure

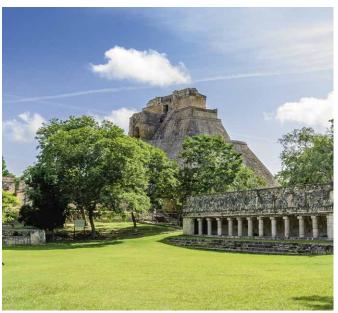
The town of Quepos is on the doorstep of the Manuel Antonio National Park, Costa Rica's smallest, but certainly most diverse, national park.

Amongst the awe-inspiring surroundings of the rich tropical rainforest and its exotic animals, such as the dozing sloths, the incredible squirrel monkey and rainbow-coloured iguanas, this ecosystem is lined with gorgeous beaches which gaze out onto turquoise waters and abundant coral reefs.

Here, paths lined by the breathtaking ocean will lead you to some spectacular viewpoints, such as the long stretches of golden sand leading to the Punta Cathedral.

Discover Manuel Antonio National Park on the following cruises:

National Parks and the Panama Canal (p. 32-33) Discovering Central America (p. 36-37)



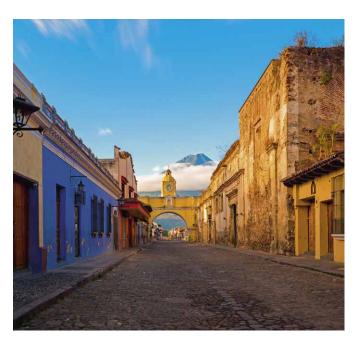
Chichén Itzá - The icon of Mayan civilisation

The jewel of the Yucatán Peninsula in southern Mexico, the archaeological site of Chichén Itzá is undoubtedly one of the most beautiful remnants of Mayan civilisation.

Founded in 450 AD by the Mayas, then ruled by the Toltecs, this sacred ancient city was discovered in the 19th century. Recognised today by UNESCO as a world heritage site, it is considered one of the seven wonders of the world. Upon mooring in Progreso, you'll be able to discover the site's most iconic buildings, including the Castillo, the symbolic step pyramid, the Temple of the Warriors, the observatory and even the ancient Mesoamerican ball game playing grounds.

Discover Chichén Itzá on the following cruises:

Mayan treasures of the Yucatán (p. 14-15) Treasures of the Caribbean Sea (p. 20-21)



Antigua Guatemala - Central America's baroque treasure

Upon arriving at Puerto Quetzal, it's time to discover Antigua Guatemala. At 1,500m above sea level, it is often considered the country's most beautiful city. Known for its baroque and Spanish Renaissance-inspired architecture, the city moves to the beat of its colonial past. Antigua Guatemala has conserved its vast flowery patios and baroque churches which weave through the city. Its paved streets are lined with charming painted houses, decorated with forged iron gates, thus demonstrating the harmony shared between the poetic and melancholic softness of the city.

Listed as a UNESCO world heritage site, Antigua, with its unique charm, is dominated by the towering shadows of the majestic volcanoes which circle the city.

Discover Antigua Guatemala on the following cruises:

Treasures of Central America (p. 34-35) Discovering Central America (p. 36-37) Natural wonders of Central America (p. 38-39)

What do our guests think?

Take a look at some of our guests' memories from their Central American cruise.







Crossing the Panama Canal

"Aside from our sublime freshwater crossing, this experience allowed me to immerse myself in six centuries of history, and the snippets given by our expert speakers and guides inspired me to dedicate the following six months to preparing an academic conference on what I discovered to be a truly fascinating subject. This is one of the world's most iconic, strategically important economic sites, and is simply not to be missed!"

Christian I.

Voyage to the heart of the Antilles

"The seabeds are just sublime, alive with colour and a whole world of flora and fauna. Our guide was second-to-none; for my part, I feel that I only scratched the surface of this hidden gem, but it's a treasured memory that will stay with me for life"

Anne-Marie O.

Fauna of Costa Rica

"I've never seen so many different animals! Birds of all colours, monkeys, sloths, iguanas...I felt so close to these diverse, yet untouched wild animals."

Christine P.

Meeting the Emberá tribe

"By far the most treasured memory from my cruise...along with discovering the Darién National Park. This little piece of heaven is really one-of-a-kind, showcasing a whole range of landscapes: beaches, marshes, tropical rainforests...all in one place! But meeting the Emberá was simply magical. We were immersed in their culture and traditions and learned so much about their day-to-day way of life. Simply unforgettable!"

Jean-Pierre S.

The Mayan treasures of Yucatán

"It was just fascinating to follow in the Mayans' footsteps...Chichén Itzá, Palenque...a real pleasure to step back in time thousands of years explore these unique architectural marvels of an ancient civilisation. Our guide was so dedicated, allowing me to discover secrets and rituals of the Mayan civilisation. I learned so much on what was a truly life-enriching experience."

Françoise R.

Did you know?



Rich and varied flora and

Central America is home to nearly 10% of the world's total biodiversity. In fact, a large part of the entire region is covered by nature reserves.



Coffee, the "golden grain" of Central America

Coffee fuelled the economic prosperity of a number of Central American countries (Costa Rica, Salvador, Guatemala) throughout the 20th century. Coffee is worshipped in these countries, notably in Costa Rica where coffee-related artwork is found everywhere, from banknotes to parliament, even on various regional coats of arms! Indeed, a true cult following has emerged around Central America's golden grain.



The Panama hat...from

Famous around the world for over 150 years, the Panama hat, known for its iconic shape and straw design, actually traces its origins to Ecuador! Panama made it famous during the construction of the Panama Canal, when the canal workers needed a lightweight, comfortable and, most importantly, practical hat to wear!



The quetzal: the symbolic bird

The quetzal, a long-feathered green bird, is an emblem of Central America. The currency of Guatemala draws its name from the quetzal, which is also proudly emblazoned on the country's flag. This bird is in danger of extinction, but in Costa Rica you'll have the chance to catch a glimpse of the spectacular quetzal. The Mayas considered the species as a sacred bird, adorning themselves with their feathers and inspiring one of their early deities, the Quetzalcoatl, or "feathered serpent".



A positive mindset!

A philosophy of positivity and wellbeing is at the centre of Central American society. Their country names and mottos often pay homage to nature and celebrating everyday life. When in Costa Rica, the national saying "Pura Vida" is slipped into all manner of phrases, a way of life adhered to by all. Just as our simple "Hello" and "How's it going?" are part of the everyday vernacular, Panamanians are proud to live by their motto "For the benefit of the world", whilst in Belize, there is a strong focus on nature in their famed motto "Under the shade I flourish".



Focus on

Yucatán, Belize & Nicaragua

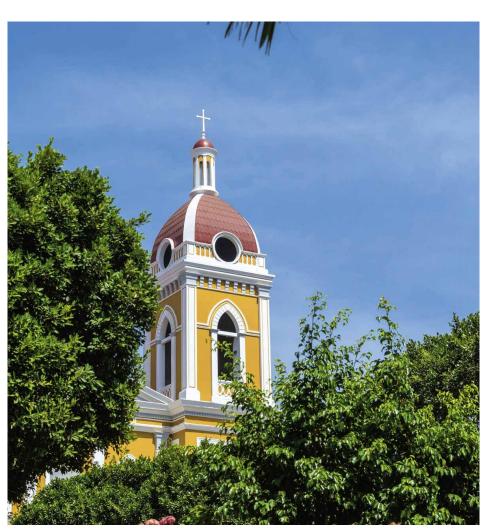
Discover the Yucatán Peninsula and explore the very heart of one of the world's most iconic, yet enigmatic pre-Columbian civilisations - the Mayan civilisation. By visiting a number of ancient cities listed as UNESCO World Heritage sites and weaving the paths from palaces to temples, you'll have this once-in-a-lifetime chance to unravel mysteries which have been tackled by discoverers for thousands of years.

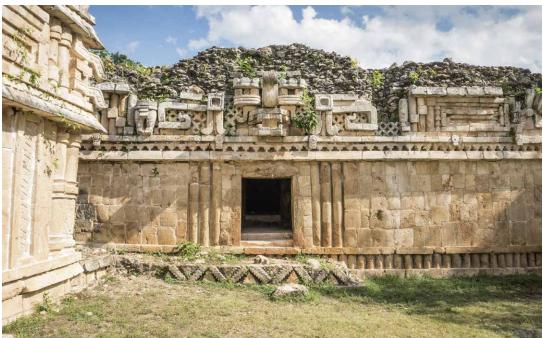
Later in your journey, you'll discover Belize. An open window to the Caribbean Sea, Belize is a real hidden gem. In addition to Mayan archaeological sites and colonial heritage, the

country is blessed with beautiful sandy beaches, ideal for divers of all abilities.

With coastal plains overlooking the Caribbean and Pacific Oceans, volcanoes dotted along the mountain range, Nicaragua has one of the densest geographic topographies of all of Central America. Lakes, fed by numerous rivers, represent 7% of the country's surface area. The region's tropical climate has encouraged a stunning flora ecosystem to flourish. More than 90 different types of orchids have been recorded as growing in the heart of Mombacho nature reserve.

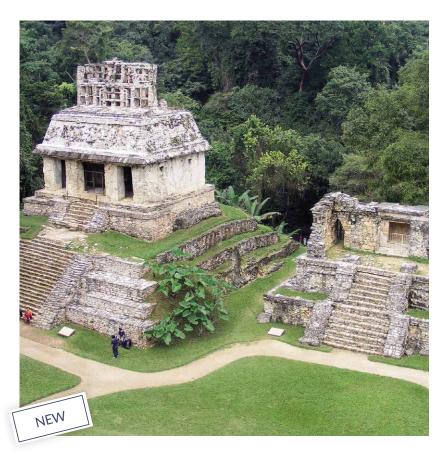






Legend from left to right

Caye Islands, *Belize* San Juan del Sur, *Nicaragua* Mayan Ruins, *Mexico*





The Mayan Treasures of Yucatan



PUERTO MORELOS - PUERTO MORELOS

From 2nd - 9th November 2019 | 8 days / 7 nights on board *Le Champlain* From €2,560 ⁽¹⁾

Other dates available:

From 16th - 23rd November 2019 - in partnership with Le Point

From 30th November - 7th December 2019 - loyalty cruise reserved for members of the PONANT Yacht Club

From 14th - 21st December 2019

From 28th December 2019 - 4th January 2020

From 11th - 18th January 2020/From 25th January - 1st February 2020

Discover the Mayan treasures of Yucatán, many of which are UNESCO World Heritage sites, where you'll become a real explorer at the heart of one of the most iconic regions of this fascinating ancient civilisation.

The Yucatán Peninsula is home to many ruins from this culture which to this day still has secrets to reveal. Visit the temples and palace of Palenque, widely viewed as one of Mexico's most beautiful sites. Explore Chichén Itzá, famous across the world for

its pyramid and sacred cenote. Next, embark on a trip to Uxmal, remarkably well-preserved.

The coloured citadel of Campeche and the capital of Yucatán, Mérida, will equally immerse you in the colonial history of the country. Before your cruise, we offer a trip to Tulum, whose ruins pierce the blues of the sky above and the turquoise sea in the distance.



- A trip to the heart of the authentic Yucatán, discovering the secrets of pre-Columbian civilisations.
- The chance to visit numerous UNESCO World Heritage sites the ancient Mayan city of Chichén Itzá; the pre-Hispanic city and National Park of Palenque; the historic fortified city of Campeche; the pre-Columbian city of Uxmal.
- Exceptional architectural heritage, a hallmark of the colonial era.
- From Progreso, visit Mérida, capital of the State of Yucatán, renowned for its cultural heritage.
- A visit to cacao plantations.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights from Paris - Puerto Morelos • Puerto Morelos - Paris

Flights in economy class with Air France

For departures from outside the capital, please contact us



Pre-cruise trip: Discovering the ancient sites of Tulum and Muyil (1 night)

Enjoy a day visiting Tulum and Muyil, two unmissable Mayan cites. You'll also discover the mysteries of this ancient civilisation. You'll spend the night at the Grand Hyatt del Carmen Resort (or similar).



After-cruise trip: Colours and flavours of Cancún (1 day)

Travelling by luxury coach, you'll meander through the tree-lined paths of the famous botanical garden. In the afternoon, you'll be able to explore arts and crafts the city has to offer, including jewellery and traditional Mayan clothing.

Included in your package: a night at the Grand Hyatt del Carmen Resort (or similar), breakfast, meals and drinks, transfers, visits and the services of a locally-based guide.

Price per person (3): €990 instead of €1,790 thanks to our €800 discount.

(Flights and pre-/after-cruise trips included)





Mayan treasures of Belize



PUERTO MORELOS - PUERTO MORELOS

From 9th - 16th November 2019 | 8 days / 7 nights aboard *Le Champlain* From €2,720 ⁽¹⁾

Other dates available:

From 7th - 14th December 2019

From 21st - 28th December 2019 (Christmas cruise)

From 4th - 11th January 2020 From 18th - 25th January 2020 From 1st - 8th February 2020

This cruise will take you on an unforgettable journey through four unique, yet complimentary countries. Each offers a different glimpse into the nation's natural beauty, but all share the same history shaped by ancient Mayan civilisation and the Spanish conquistadors.

The town of Livingston, only accessible by boat, is the birthplace of Garifuna culture, whose music is enshrined in UNESCO's Collection of Traditional Music of the World list. From Puerto Cortés to Honduras, it is possible to reach Copán, one of the region's most interesting archaeological sites situated in the

heart of the jungle. In Guatemala, Santo Tomás de Castilla is your departure point for an excursion to the pyramids of Tikal and the ruins of Quiriguá.

Further afield in the Caribbean Sea, your odyssey continues. Here, we leave behind the Mayan world to embrace a new, underwater one - the Great Blue Hole in Belize is widely recognised as one of the most beautiful diving spots the world over. Tulum, the only Mayan site erected on a white sand beach, is an unmissable spot which is also available to visit prior to your cruise's departure.



- A unique cruise connecting four Central American countries dreamy beaches, ancient pre-Columbian sites, and visiting the Garifuna people.
- UNESCO World Heritage sites: Tikal by air and the Mayan archaeological site of Quirigua from Santo Tomás de Castilla, the Mayan site of Copán from Puerto Cortés, the barrier reefs of Belize, Half Moon Caye and the Great Blue Hole.
- Bath in crystal-clear waters, palm-covered walks and dive in the Great Blue Hole, one of the ten most beautiful diving spots in the world as ranked by naval explorer Jacques Cousteau.
- The opportunity to dive alongside an experienced guide throughout the cruise.
- Visit the sites of Tulum and Muyil before your cruise.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

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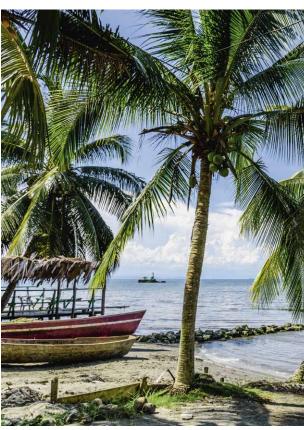
Travelling by luxury coach, you'll meander through the tree-lined paths of the famous botanical garden. In the afternoon, you'll be able to explore arts and crafts the city has to offer, including jewellery and traditional Mayan clothing.

Included in your package: a night at the Grand Hyatt del Carmen Resort (or similar), breakfast, meals and drinks, transfers, visits and the services of a locally-based guide.

Price per person (3): €990 instead of €1,790 thanks to our €800 discount.

(Flights and pre-/after-cruise trips included)





Exploring the Caribbean Sea - with EXPEDITIONS





PUERTO MORELOS - PUERTO MORELOS

From 23rd - 30th November 2019 | 8 days / 7 nights aboard *Le Champlain* From $\ensuremath{\in}$ 3,030 $^{\ensuremath{(1)}}$

PONANT and NATIONAL GEOGRAPHIC have teamed up to offer an unforgettable adventure for intrepid travellers dreaming of exploring nature and making new discoveries, all at the heart of some of the world's most intimate and preserved areas of natural beauty.

This partnership was born out of our shared values - a sense of adventure, a passion to explore, and cherishing new discoveries. Throughout this cruise, you'll discover the wild, untamed beauty of the natural world, often whilst visiting some of the planet's most remarkable UNESCO World Heritage sites.

In addition, you'll witness some incredible biodiversity and indulge in many fabulous diving spots. A NATIONAL GEOGRAPHIC expert and photographer will be onboard this cruise to share their expert knowledge and insight. Photography, anthropology, history, marine biology...your trip will be infinitely enhanced by their talks and informal exchanges.



- A cruise in partnership with National Geographic, featuring expeditions guided by our onboard expert and photographer.
- Zodiac excursions with a team of expert guides and naturalists.
- UNESCO Heritage sites: Belize's barrier reef and Half Moon Caye and Great Blue Hole, and the Garifuna music and dance enjoyed by the inhabitants of Livingston, Guatemala.
- Swimming, palm-lined walks and diving in the Great Blue Hole
 of Belize, one of the ten most beautiful diving spots in the world
 as ranked by naval explorer Jacques Cousteau.
- The opportunity to dive alongside an experienced guide throughout the cruise, as well as enjoy a palm tree-lined walk with alongside your fellow travellers.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights from Paris - Puerto Morelos • Puerto Morelos - Paris

Flights in economy class with Air France

For departures from outside the capital, please contact us



Pre-cruise trip: Discovering the ancient sites of Tulum and Muyil (1 night)

Enjoy a day visiting Tulum and Muyil, two unmissable Mayan cites. You'll also discover the mysteries of this ancient civilisation. You'll spend the night at the Grand Hyatt del Carmen Resort (or similar).



After-cruise trip: Colours and flavours of Cancún (1 day)

Travelling by luxury coach, you'll meander through the tree-lined paths of the famous botanical garden. In the afternoon, you'll be able to explore arts and crafts the city has to offer, including jewellery and traditional Mayan clothing.

Included in your package: a night at the Grand Hyatt del Carmen Resort (or similar), breakfast, meals and drinks, transfers, visits and the services of a locally-based guide.

Price per person (3): €990 instead of €1,790 thanks to our €800 discount.

(Flights and pre-/after-cruise trips included)





Treasures of the Caribbean Sea



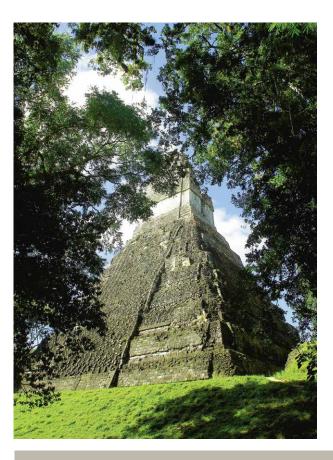
COLÓN - MIAMI From 11th - 22nd April 2019 | 12 days / 11 nights onboard *Le Boréal* From €3,970 $^{(1)}$

Other date available: From 14th - 25th April 2020

This cruise offers an extremely varied itinerary, crossing seven countries and striking a perfect harmony between adventure and relaxation. Departing Colón, Panama's second largest port, you'll begin your journey to Corn Island to take some time to unwind on the palm-lined beaches. In Guatemala, Santo Tomás de Castilla is your point of departure for an excursion to the sublime Tikal, where temples and palaces echo those of the famous Chichén Itzá and Uxmal. It will also be possible to discover these sites from Progreso. Following these two stops, we'll head to the heart of the mysteries of pre-Columbian civilisation, Belize, offering enchanting vistas across the Caribbean Sea. Take a dip by the

famous coral reefs and Great Blue Hole, one of the world's most fascinating submarine geological formations.

The adventure continues in Key West, USA, the country's southernmost island. A stone's throw from nearby Cuba, the island cultivates a real Caribbean way of life, famed for its palmlined fine sandy beaches and bohemian lifestyle. The final stop on your journey is the multicultural, sun-drenched city of Miami.



- Travelling alongside writer and journalist Franck Ferrand.
- Visiting seven countries in only one cruise, from Panama to the USA.
- From Santo Tomás de Castilla, you have the option to visit the famous pyramids of Tikal, a UNESCO World Heritage site offering a fascinating glimpse into the ancient Mayan way of life.
- An overnight stay in Progreso, with the opportunity to visit a number of exceptional Mayan sites including Chichén Itzá and Uxmal, as well as the colonial city of Mérida.
- From Half Moon Caye, you'll head to the mythical Blue Hole, listed as one of the world's top ten most beautiful diving spots.
- Discovering Key West, the southernmost island of the United States and closest point to Cuba.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights from Paris - Colón • Miami - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Pre-cruise trip: Colonial Panama and the Miraflores locks (1 night)

Take a day to discover the rich historical heart of Panama and visit the Gehry Museum. Also visit the monumental canal to watch the locks open up the passage from one ocean to another.



Post-cruise: Miami, city of the arts (1 day)

You'll visit the Art Deco quarter, an architectural masterpiece. Next, you'll head to the historic Coral Gables quarter and visit the Biltmore Hotel designed by George Merrick. After lunch, you'll discover Coconut Grove, renowned for its art galleries.

Included in your package: a night's stay in the Hilton (or similar), breakfast, evening meal, meals with drinks, transfers, admission to local attractions and the services of a local guide.

Price per person (3): from €720 instead of €1,520 thanks to our €800 discount.

(Flights and pre-/after-cruise trips included)



Focus on

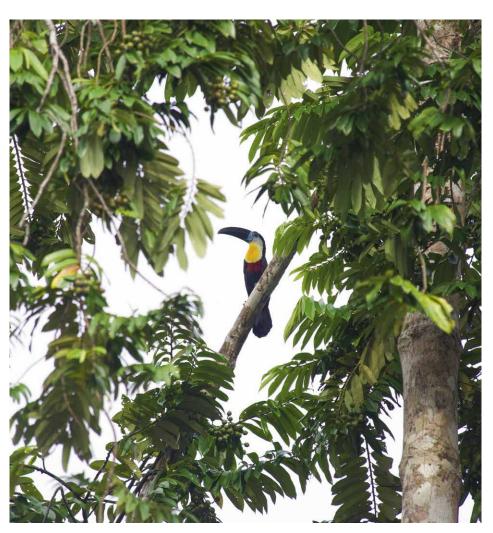
The Caribbean and the Orinoco River

Magicalislands, dreamy interiors and easy living... welcome to the Caribbean! How could you resist the heavenly charm of these islands, with their crystal clear waters and beaches lined by palm trees, where time just seems to stand still? From coral reefs to mountainous ravines, gracious sea turtles to beautiful botany, this hidden corner of the world is brimming with natural wonders and wonderful marine life. During your cruise, you'll set sail on a discovery of the Antilles, Saint Lucia, or even the archipelago of Saint Vincent and the Grenadines, where the seemingly never-ending tapestry of natural beauty proudly forms part of a rich national heritage. The Orinoco Delta is known as an extraordinary plant kingdom set on

the water. This green paradise is at the heart of Warao territory, where indigenous communities live in harmony with the surrounding rainforest.

As you cruise through these waters, your journey will penetrate this colossal aquatic labyrinth which is home to exceptionally diverse flora and fauna. Zodiac expeditions will allow you to further explore this wildly untamed region, guided by the hum of the rainforest and animal calls echoing under the canopy.







Legend from left to right

The volcanic peaks of Saint Lucia, *Caribbean* Channel-billed Toucan, *The Orinoco Delta* Saint Vincent and the Grenadines, *Caribbean*





Pearls of the Antilles





FORT-DE-FRANCE - FORT-DE-FRANCE

From 14th - 21st March 2020 | 8 days / 7 nights aboard *Le Champlain* From €4,270 ⁽¹⁾ | *No single supplement*

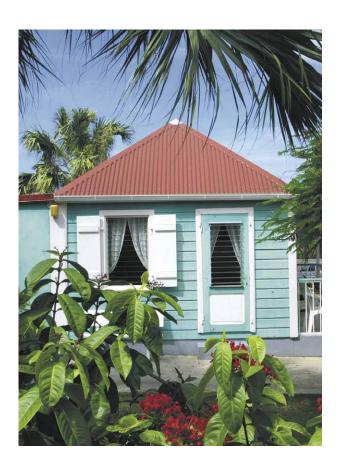
Other dates available:

From 29th February - 7th March 2020

From 7th - 14th March 2020 From 21st - 28th March 2020

This luxury cruise will guide you through one of the picture-postcard journeys through the Caribbean. From Fort-de-France, you'll head to Guadeloupe before continuing your onward journey to the most secluded islands of the southern Caribbean, toes nestled in the warm sands of Les Saintes' finest beaches. Think palm tree-lined walks along the crystal clear waters of Bequia, or a walk through the charming streets of Saint-George, capital of Grenada, lined with pastel-coloured houses. An adventure to the National Park of Tobago Cays, where the coral reef houses

spectacular marine life, follows. Discover Saint Lucia and its two Pitons jutting from the ocean. The uninterrupted oceanic horizons from the heights of Fort-de-France in Martinique. And, above all, the heat, easy living, the sea and its infinite shades of blue. If heaven was a place on earth, it would certainly be found in the Caribbean.



- Discovering Saint Lucia and its famous rocky Pitons, a UNESCO World Heritage site.
- Relaxing on some of the world's finest white-sand beaches.
- Exploring the Grenadines archipelago, considered one of the world's finest.
- On the island of Mayreau, you'll enjoy a private beach and barbecue for the day.
- Exceptional sea life, with the chance to spot turtles, barracudas, lobster and parrotfishes.
- Diving alongside an experienced guide.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights between Paris - Fort-de-France • Fort-de-France - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Transfer: to the port of Fort-de-France

Stress-free travel - upon arrival at the airport, a guide will welcome you and accompany you during the transfer until your cruise boarding point.

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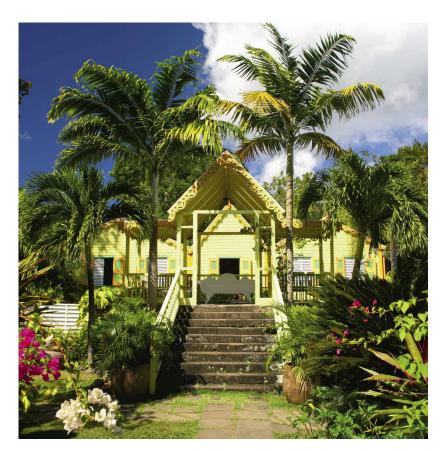
After-cruise trip: Memories of Martinique (1 day)

Head to the Morne Salon and the Balata church, a miniature replica of the Sacré-Cœur Basilica in Montmartre, Paris. Next, you'll visit the commune of François to see Habitation Clément, a classified historic monument, which holds an important place in the architectural and industrial heritage of the island.

Included in your package: lunch with drinks, transfers and visits, a villa to share with fellow travellers in the afternoon, a large choice of drinks on offer, and the services of a guide.

Price per person (3): from €250 instead of €1,050 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)





From Martinique to Panama





FORT-DE-FRANCE - COLÓN

From 7th - 16th December 2019 | 10 days / 9 nights aboard *Le Dumont-d'Urville*From €3,580 ⁽¹⁾ | EXCURSIONS INCLUDED | No single supplement

Other date available

From 12th - 21st March 2020 - itinerary in reverse.

From dreamy days onboard to unique encounters with the Kuna people, this cruise between Martinique and Panama is the perfect opportunity to explore an endlessly fascinating part of the world, famed for its exceptional oceans. Here, colours erupt in infinitely wild shades, exotic fruits are within arm's reach, and peaceful coves await your every turn. You'll be able to visit the capital of Martinique before your cruise departs. From Fort-de-France, you'll set sail to Saint Lucia, a gem in the Caribbean Sea whose volcanic Pitons reflect in the crystal clear waters below. Next, you'll sample

the magic of Mayreau, the smallest of the islands which make up Saint Vincent and the Grenadines. Don't miss the Venezuelan peninsula of Los Roques, a lagoon formed of long sandy beaches protected by a coral reef. Bonaire, famed for its pink flamingos, as well as some 300 islands forming Panama's San Blas archipelago also await you on the latter part of your adventure, not forgetting the endless ecologically-protected corners of paradise along the way just waiting to be explored.



- UNESCO World Heritage sites: the volcanic Pitons of Saint Lucia and the ancient colonial city of Cartagena de Indias.
- Discovering the Los Roques archipelago, a paradise for local turtle populations.
- Zodiac excursions to discover the islands which form the San Blas archipelago from Holandes Cayes, Panama.
- An extraordinary chance to meet the indigenous Kuna people in the San Blas archipelago.

€800 discount on your cruise package

- Diving alongside an experienced guide.
- Expert speakers onboard to share their expertise.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

Return flights from Paris - Fort-de-France • Colón - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Transfer: to the port of Fort-de-France

Stress-free travel - upon arrival at the airport, a guide will welcome you and accompany you during the transfer until your cruise boarding point.



After-cruise trip: Colonial Panama and the Miraflores locks (1 day)

You'll embark on a panoramic tour of the region, visiting the Miraflores locks and the ruins of Old Panama. In the afternoon, you'll head to the Gehry Museum to discover the historic and cultural heritage of Panama City.

Included in your package: lunch with drinks, transfers and visits, all with the services of a local guide.

Price per person (3): from €650 instead of €1,450 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)





Adventures in the Orinoco









FORT-DE-FRANCE - FORT-DE-FRANCE

From 13th - 25th November 2019 | 13 days / 12 nights aboard *Le Dumont-d'Urville* From €3,580 $^{(1)}$

Other date available:

From 25th November - 7th December 2019

From heavenly islands of the Caribbean Sea to the meandering Orinoco River, this tour offers you an eclectic mix of white sand beaches and the mystical rivers of the South American rainforest. You'll set sail first along the sublime islands of the southern Caribbean Sea, from Martinique to Saint Vincent and the Grenadines, passing by Saint Lucia and the charming swimmer's paradise of Mayreau, and Grenada, affectionately known as the "Island of Spice". If these changes of scenery weren't already enough, your tour will reach its crescendo as you approach the Orinoco River, South America's second largest river after the

Amazon. This expedition begins with an encounter with the Warao people, a chance to learn about their ancestral traditions of respecting the natural world around them. Next, we'll delve deeper into this rich environment, experiencing jungles, waterfalls, and a rich ecosystem featuring monkeys, freshwater dolphins and caiman crocodiles. On your return to Fort-de-France, you'll relax on the sandy beaches of Trinidad and Tobago, Barbados and the Grenadines.



- Zodiac excursions with an experienced team of nature guides along the Orinoco, at the heart of the tropical rainforest.
- A cruise from the Caribbean to the Orinoco River on your journey to discover ever-more idyllic landscapes.
- UNESCO World Heritage sites: the two volcanic Pitons of Saint Lucia, the historic centre of Bridgetown and the Barbados Garrison.
- Discovering the Warao tribe, also known as "the boat people".
- Fauna endemic to the region, as well as exceptional marine life.
- From Puerto Ordaz, you'll have the chance to spend a day in the Carara National Park after a flight over Angel Falls, the world's highest waterfall.
- Diving alongside an experienced guide (outside of the Orinoco).

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights between Paris - Fort-de-France • Fort-de-France - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Transfers: to the port of Fort-de-France

Stress-free travel - upon arrival at the airport, a guide will welcome you and accompany you during the transfer until your cruise boarding point.

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After-cruise trip: Aromas and perfumes (1 day)

You'll discover the Balata church, a miniature replica of the Sacré-Cœur Basilica in Montmartre, Paris. Next, you'll visit the commune of François to see Habitation Clément, a classified historic monument, which holds an important place in the architectural and industrial heritage of the island.

Included in your package: lunch with drinks at the Cap Eat Lagoon Resort & Spa (or similar), transfers and visits, all with the services of a local guide.

Price per person (3): from €170 instead of €970 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)



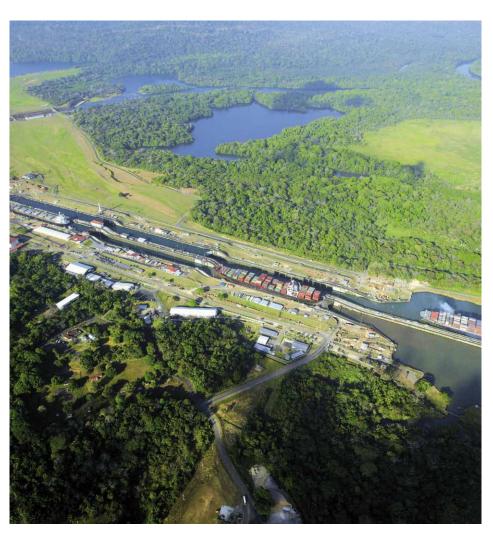
Focus on

National parks and the Pacific coast of Central America

Panama's recent history is defined by the construction of its famous canal, widely considered as one of the most ambitious engineering projects ever undertaken. But a trip to the country allows visitors to appreciate the superb islands and beaches the country has to offer, as well as the region of Darién and its National Park, where tropical rainforests and mangroves are a sanctuary for a range of endangered species, including packs of jaguars and 530 species of bird. Costa Rica is an unmissable destination for nature lovers. Highlights include the beaches and rainforests of Golf Dulce, Pura Vida's gardens and spectacular

plant life and waterfalls (a refuge for thousands of birds including the scarlet macaw) Carara's immense nature reserve, the Savegre River and Guatemala is home to countless Mayan ruins including Tikal and the archaeological wonder of Qurirgua. In the south of the country, surrounded by volcanoes, the UNESCO World Heritage site Antigua Guatemala is one of the finest examples of 16th-century Spanish architectural influence in the region, with its charming paved streets and coloured houses and churches.







Legend from left to right

Fuerte Amador, *Panama* Passing through the locks, *Panama Canal* Red-eyed tree frog, *Costa Rica*





National Parks and the Panama Canal



PUERTO CALDERA - COLÓN

From 23rd - 30th January 2020 | 8 days / 7 nights *Le Dumont-d'Urville* From €2,670 ⁽¹⁾

Other dates available:

From 16th - 23rd December 2019 - itinerary in reverse

From 23rd - 30th December 2019

From 30th December 2019 - 6th January 2020 - itinerary in reverse - stop in Holandes Cayes replaced by Viveros (islands in the Gulf of Panama).

From 13th - 20th February 2020 - itinerary in reverse - loyalty club cruise (reserved for members of PYC)

From 5th - 12th March 2020

From natural wonders of the world to encounters with indigenous communities as you cross the Panama Canal, this cruise offers the ideal itinerary to discover two of Central America's most iconic countries - Panama and Costa Rica. In the Caribbean Sea, not far from the Panamanian coast, the San Blas archipelago is the ideal departure point for our tour; the white sand beaches and crystal clear waters of Holandes Cayes offer the perfect escape from it all. Crossing the Panama Canal, one of the most ambitious engineering projects of the 20th century, is an incredible feat in itself. On the Pacific coast, an encounter with the Emberá people

in the Darién National Park brings a certain authenticity to this adventure. We finish on a high with a visit to Carara Park and Manuel Antonio Park in Costa Rica, where primary and secondary forests welcome dozens of species of bird, monkey, sloths, iguanas and crocodiles.



- · Zodiac excursions.
- UNESCO World Heritage sites including the Darién National Park and Playa Muerto's gorgeous jungle.
- Optional excursions to the heart of Costa Rica's National Parks, sanctuaries for protected species from Herradura, the Carara National Park, as well as the Manuel Antonio National Park from Quepos (optional excursions at an additional fee).
- Discovering the magnificent islands of the San Blas* archipelago and the idyllic beaches of Quepos.
- Crossing the Panama Canal, a true feat of engineering.
- Meeting the indigenous Emberá tribe in Darién National Park, as well as the Kuna people* in the San Blas islands.

€800 discount on your cruise package

COMPLETE YOUR CRUISE

Your package includes:

Return flights from Paris - Puerto Caldera • Colón - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Pre-cruise trip: Discovering San José and villages of the valley (1 night)

Spend the day exploring San José's cultural heritage and visit Costa Rica's central valley and the magnificent mountainous landscapes and lush vegetation of the region. You'll spend the night at the Costa Rica Marriott Hotel (or similar).



After-cruise trip: Colonial Panama and the Miraflores locks (1 day)

You'll embark on a panoramic tour of the region, visiting the Miraflores locks and the ruins of Old Panama. In the afternoon, you'll head to the Gehry Museum to discover the historic and cultural heritage of Panama City.

Included in your package: lunch with drinks, transfers and visits, all with the services of a local guide.

Price per person (3): from €930 instead of €1,730 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)





Treasures of Central America



GUAYAQUIL - COLÓNFrom 1st - 14th April 2020 | 14 days / 13 nights aboard *Le Boréal*From €5,040 ⁽¹⁾

EXCURSIONS INCLUDED: beach and botanical garden; high plateaux, Lakes Atitlan and Panajachel; Casa Santo Domingo and Antigua Guatemala; colonial Grenada; Masaya volcano and the Carara National Park.

Set sail from Guayaquil, Ecuador, and head to Guatemala as you meander the westerly coastlines of six Central American countries, a region home to 7% of the world's biodiversity. The Casa Orquideas botanical garden, one of the planet's densest, Herradura Bay and its numerous protected species, the Perles archipelago and its white sand beaches will serve to highlight the natural beauty which defines your entire journey. To these natural wonders, we'll add extraordinary journeys to sites such as Joya de Cerén, an ancient indigenous city buried by a volcanic eruption in the year 600AD and today classed as a UNESCO World Heritage

site. Amongst the oldest and best-preserved sites, Antigua Guatemala, Grenada and Nicaragua are simply unmissable. Not far from Grenada, you'll find a number of volcanoes including the imposing Mombacho, home to exceptional flora and fauna, as well as the Masaya volcano, one of the National Park's most active volcanoes. Crossing the iconic Panama Canal will be the climax of this journey.



- Discovering 6 Central and Southern American countries: Ecuador, Costa Rica, Salvador (for the first time with PONANT), Guatemala, Nicaragua, Panama.
- The chance to visit some fascinating pre-Columbian UNESCO world heritage sites, such as the Tikal pyramids from Puerto Quetzal and the city of Joya de Cerén from Acajutia.
- From Puerto Quetzal, you'll visit the UNESCO recognised Antigua Guatemala.
- Exceptional architecture heritage, a mark of its colonial past, mixing baroque and Andalou-Mauresque styles.
- In Costa Rica, the opportunity to discover rich and varied flora and fauna.
- Crossing the Panama Canal, a world-renowned engineering feat.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights from Paris - Guayaquil • Colón - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Pre-cruise trip: Discovering Guayaquil (1 night)

Discover the "Pearl of the Pacific", a city with an eclectic colonial, yet contemporary vibe. You'll visit its iconic sites of historical importance, the botanical garden, and its museum celebrating Latin-American and pre-Columbian culture.

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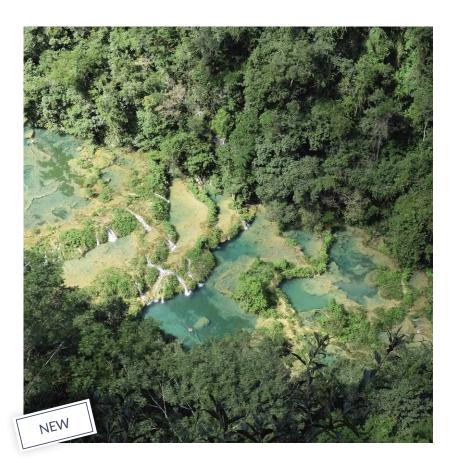
Post-cruise trip: the Panama Canal and Miraflores locks (1 day)

You'll embark on a panoramic tour of the region, visiting the Miraflores locks and the ruins of Old Panama. In the afternoon, you'll head to the Gehry Museum to discover the historic and cultural heritage of Panama City.

Included in your package: one night at the 5* Hotel Oro Verde (or similar), breakfast, lunch with drinks, transfers and visits, all with the services of a local guide.

Price per person (3): from €860 instead of €1,660 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)





Discovering Central America

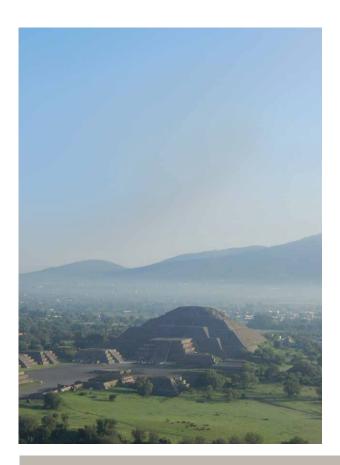


PUERTO VALLARTA – FUERTE AMADOR, FLAMENCO ISLAND From 11th - 23rd October 2019 | 13 days / 12 nights aboard *L'Austral*From €4,330 (1)

EXCURSIONS INCLUDED: Capalita archaeological site and museum; high plateaux, Atitlan and Panajachel lakes; Santo Domingo and Antigua Guatemala; Masaya volcano and colonial Grenada; Carara National Park; discovering mangroves by boat; Manuel Antonio National Park; botanical garden and beach.

This cruise will lead you along the Pacific coastlines of five Central American countries, meaning that one of the world's most diverse regions will be just on your doorstep. Visit Huatulco and its stunning Mexican coast, Manuel Antonio National Park and its primary forests, Herradura Bay and the monkeys who call it home, and Costa Rica, where you'll immerse yourself in a pristinely conserved environment. It's at the heart of this natural paradise that the Mayas, then the Spanish, built some of the world's most

iconic, era-defining towns and settlements. In the jungle, you'll explore the ruins of Tikal before experiencing the tranquillity of Grenada, Nicaragua and Antigua Guatemala, home to planet. Earth's most majestic volcanoes.



- Travel alongside journalist and television/radio presenter Christine Ockrent.
- From Puerto Quetzal, you'll have the chance to visit the Tikal pyramid, a major site from Mayan civilisation.
- Walks in the heart of Costa Rica's national parks, beautifully preserved and protected areas which cover almost a quarter of the country.
- Discovering rich and varied flora and fauna.
- Exceptional colonial architecture mixing baroque and Andalou-Mauresque styles.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights from Paris - Puerto Vallarta • Fuerte Amador, Flamenco Island - Paris

Travelling in economy class with Air France.

For departures outside of Paris, contact us.



Pre-cruise trip: Teotihuacan, Mexico City, and Puerto Vallarta (3 nights)

Enjoy three days discovering the historical beauty of Mexico City, including its splendid museums and the remarkable site of Teotihuacan, before heading for the Pacific Ocean and the city of Puerto Vallarta.



Post-cruise trip: Colonial Panama and the Miraflores locks (1 day)

You'll visit the Miraflores locks and the ruins of ancient Panama. After lunch, you'll head to the Gehry Museum to discover the historic and cultural heritage of Panama City.

Included in your package: three nights at the Intercontinental Presidente de Mexico Hotel (or similar) internal flights from Mexico/Puerto Vallarta*, three breakfasts, four lunches and two evening meals, the services of a local guide.

Price per person (3): from €2,170 instead of €2,970 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)

These trips are optional extras and can be purchased separately whilst still benefiting from the €800 discount.

All details available on www.ponant.com

^{*} Travelling in economy class.





Natural wonders of Central America







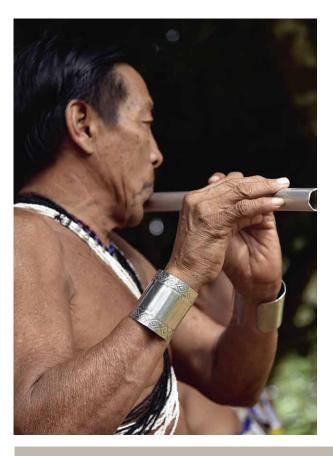
PUERTO QUETZAL - GUAYAQUIL

From 23rd September - 6th October 2019 | 14 days / 13 nights aboard *Le Soléal* From €4,910 (1)

Of all trips across Central America, this is one of the most varied. Passing through six countries, you'll discover the nuances of the continent's natural and cultural beauty.

Mooring in some of the most hidden, exclusive parts of the region will allow you to explore an incredible array of flora and fauna which has sought sanctuary in the rich forests of Costa Rica. Cocos Island, some 450km from the Costa Rican coast, is a secluded, seldom-visited haven for local sea life. Here, you'll have the chance to spot manta rays, whale sharks and sea turtles.

Cébaco Island and the Coiba National Park is home to some of Panama's finest ecologically protected marine life, whilst the Bahía Solana region, one of Colombia's most untouched areas, will fascinate with the abundance of rich panoramic views it has to offer. You'll admire all of this marine life on endless, unforgettable palm tree-lined walks, whilst an encounter with the Emberá people in the Darién National Park will bring a certain authenticity to your adventure.



- Zodiac excursions with a team of expert guides and naturalists.
- An exceptional cruise expedition exploring natural parks, incredible biodiversity and indigenous Central American tribes.
- UNESCO World Heritage sites: Antigua Guatemala from Puerto Quetzal, the National Park of Cocos Island, Darién National Park, and the historic heart of Quito from Guayaquil.
- Before your cruise, the chance to discover the Tikal pyramid and Antigua Guatemala.
- An exceptional visit to Cocos Island, described by Jacques-Yves Cousteau as "the world's most beautiful island".
- · Birdwatching at Pacheca Island.
- Meeting the indigenous Emberá tribe in the Darién National Park.
- A stop at Bahía Solano, a first for PONANT.
- After your cruise, the chance to explore the historic heart of Quito.

Special offer (2)

Take advantage of our special consecutive cruises offers (other than "Ocean Voyages"): -20% discount when this cruise is in 2nd position, -30% discount when this cruise is in 3rd position, etc.

COMPLETE YOUR CRUISE

Your package includes:

€800 discount on your cruise package

Return flights from Paris - Puerto Quetzal • Guayaquil - Paris

Travelling in economy class with Iberia.

For departures outside of Paris, contact us.



Pre-cruise trip: Antigua Guatemala, the home of exceptional colonial architecture (1 night)

You'll discover the splendid colonial city of Antigua, the ancient capital of Guatemala, and its superb selection of monuments inspired by the Spanish Renaissance: La Merced Church, paved streets leading to the Plaza Mayor...endless opportunities to uncover the secrets of a city steeped in history.



Post-cruise trip: Ecuagenera orchid farm and the historic Guayaquil Park (1 day)

You'll travel by coach to the Ecuagenera orchid farm, one of the largest and most impressive of its kind in the country. Next, you'll head to the Parque Historico in Guayaquil, covering 8 hectares on the banks of the River Daule.

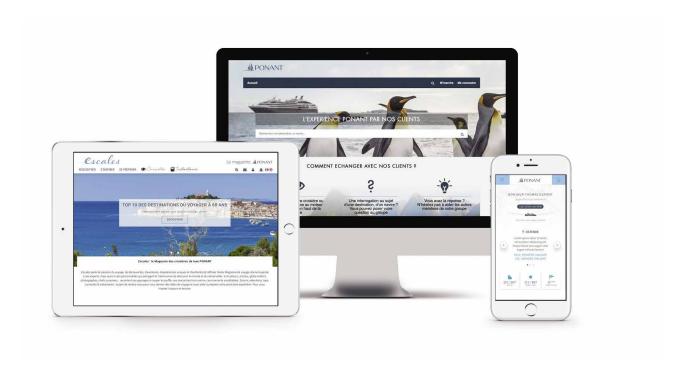
Included in your package: a night at the Camino Real La Antigua Hotel (or similar), full board and drinks package, visits and admission, and the services of a local guide.

Price per person (3): from €1,205 instead of €2,005 thanks to our €800 discount.

(Flight & pre-/post-cruise trips included)

Prepare for your

PONANT experience



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